



# Yorkshire

## SPA RETREAT

### Treatment Menu

We see influence all around us. Flourishing trees with leaves that are reaching towards the sun. Vibrancy and dewiness as a reflection of good health and happiness.

Our list of spa treatments have taken inspiration from the natural world around us, and our range of products from Tribe 517 are blended with 100% natural ingredients. Rich balms and oils that melt into the skin, satisfy your aura and leave you feeling perfectly centred.

# Yorkshire Spa Retreat

*Join us for an all-encompassing experience that will leave you feeling enriched, relaxed and perfectly nourished.*

## Yorkshire Ritual Day

TUE-THUR £279 • FRI-MON £299

*Package includes:*

Six hour use of spa facilities.  
Use of towel and robe and gifted flip flops.  
Two-course lunch with glass of prosecco.  
Choice of any face and any body treatment, combined to deliver a Spa Ritual experience (2 hour spa treatment).

## The Retreat Spa Day

TUE-THUR £199 • FRI-MON £229

*Package includes:*

Six hour use of spa facilities.  
Use of towel and robe and gifted flip flops.  
Two-course lunch with glass of prosecco.  
Choice of Signature Collection body or face treatment.

## Yorkshire Spa Day

TUE-THUR £189 • FRI-MON £219

*Package includes:*

Six hour use of spa facilities.  
Use of towel and robe with gifted flip flops.  
Two-course lunch.  
Choice of Natural Collection body or face treatment.



## Botanical Meadow Retreat

MON-FRI £155\*

*Package includes:*

Three hour use of spa facilities.  
Use of towel and robe and gifted flip flops.  
Two-course lunch with glass of prosecco.  
Choice of one Botanical Meadow Treatment.

*\*Only available Tuesday-Thursday.*

## Yorkshire Rebalance

*Package includes:*

Access to all facilities for three hours  
Use of towel and robe with gifted flip flops

3 HOURS • FRI-MON £75  
FULL DAY - 6 HOURS • MON-FRI £125

# The Signature Collection

AVAILABLE ALL WEEK.

*Our Signature treatments have been created exclusively for the Yorkshire Spa Retreat guest. A unique and special moment dedicated purely to you and your wellbeing.*

*A plant-based alternative to Honey Butter is available on request.*

## Honey Butter Connection

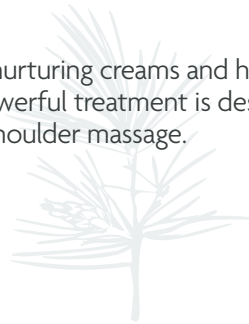
60 MINS • £135

A full body massage with a creamy warm blend of honey butter to heal, restore and nurture. Melt away into a state of bliss as hot towels compress, warm barley bags soothe, and Yorkshire haze body dust is sprinkled across your skin in this luxurious massage experience.

## Honey Butter Repose

60 MINS • £135

A comforting massage facial with superfood oils, nurturing creams and honey butter. The power of touch encourages your mind to rest and your spirit to float. This powerful treatment is designed to promote mindful sleep with elements of purposeful stretching, and comforting scalp and shoulder massage.



# The Natural Collection

AVAILABLE ALL WEEK.

## FACIALS

### Warm Natural Health Facial

60 MINS • £125

A comforting and active facial to refine, relax and promote healthy skin. Your therapist will use either Tribe 517's Softening Elixir or the Youth Elixir 517 Super Shots, depending on your skincare needs and follow up with a warming mask. You'll experience the ACTIF8 skin workout, and be left with a perfectly glowing complexion.

### Blush Lustre Facial

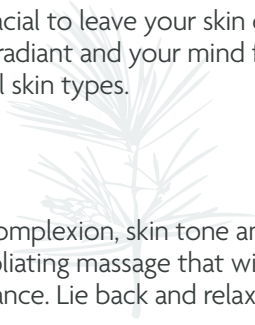
60 MINS • £125

Featuring our PINK collection, this is the perfect facial to leave your skin dewy and perfectly blushed. A treat for your face and hands, this treatment leaves your skin feeling radiant and your mind feeling revived as you're enveloped in the dazzling scent of Palma Rosa. An enriching treatment for all skin types.

### Glass Complexion Facial

60 MINS • £125

This is the ultimate luxe treatment to even your complexion, skin tone and texture. Resulting in a healthy sheen, your skin will look luminous and healthy. Experience an exfoliating massage that will smooth and soothe, whilst encouraging intense hydration and promoting a more youthful appearance. Lie back and relax as the suite fills with the unmistakable power and scent of orange blossom and white chocolate.



## BODY MASSAGES

### Yorkshire Well Being

60 MINS • £125

Surrender to the sensation of having your body gently realigned with a body massage like no other. This is a soothing head to toe, face down experience enhanced with warm oils of sweet orange and fennel.

### Hot Rocks and Relax

60 MINS • £125

Recalibrate your body with this intense body treatment. Hot terracotta orbs deliver a full body massage that is perfect for a tired body, a busy mind or aching muscles. Choose from the use of heated Heal & Health Oil or the Hypnotic Sleep Balm for a bespoke experience tailored to your needs.

### Hypnotic Tribal Sleep

60 MINS • £125

Sink into cosy pillows in the embryo position and enjoy a full body sleep massage designed to encourage optimum rejuvenation. Enjoy enhanced muscular release with a melting balm of black pepper and petitgrain.

### Life Force Feet & Back Pressure Massage

60 MINS • £125

Spinal pressure with aromatherapy and iconic reverse effleurage kneading, gives you the perfect muscle easing back massage. Pair this with pressure point healing for your feet and clearing of your energy channels and you'll experience a truly reviving experience. This experience is enhanced with hot towel wrapping, hot bags of barley and additional nourishment with turmeric and magnesium paste.

### Beautiful Hero

60 MINS • £125

For the warrior in you, enjoy a comforting and reassuring touch which will comfort the soul, treat skin and soothe the mind. This is a beautiful treatment for those with skin sensitivity, a fragile condition, or anyone living with or recuperating from disease and sickness.

### Mama Love

60 MINS • £125

Tender care for the second and third trimesters of pregnancy and beyond. A cocooning massage encouraging sleep and relaxation, with warm blankets, pillows and a natural whipped blend of butters.



## BODY TREATMENTS

### Turkish Geranium Polishing Body Massage

60 MINS • £125

A full body massage with a full body deep cleanse, come together to give you the perfect all over body polish. Imagine hot, fluffy towels, a refining massage and ultra-comforting nourishment and dusting. Your body will be left vibrant, stimulated and perfectly glowing.

### Exotic Flower Balm & Bamboo Body Therapy

60 MINS • £125

Celebrate your body with this grounding massage, which will leave you with the perfect balance of tenacity and calm. A blend of Ylang & Amyris will energise and relax, wake up and slow down, ignite and soothe to leave you perfectly centred and balanced. Incorporate this with a speciality massage and bamboo pole sequence for a truly unique experience.

### Equilibrium

60 MINS • £125

Created with feminine beauty in mind, we've selected natural products that combat mood dips and enhance sleep. You'll enjoy a back massage with our cooling ceramic massage orbs, followed by a calming face and scalp treatment, to rebalance the body's equilibrium.

### Into the Light

60 MINS • £125

Enjoy this powerful combo treatment of face, scalp and back massage which is enhanced with the '517 Super Shots and the nurturing Heal & Health Oil. Breathe in the elegant fragrances, enjoy the power of touch, and allow your body to sink into oblivion.



# Botanical Meadow Collection

AVAILABLE TUESDAY-THURSDAY

## The Mood Maker

45 MINS

*Only available as part of the Botanical Meadow Retreat*

Aura clouding and a burst of fragrant botanical blends. Let us use the relevant natural warm oils and balms to elevate and refine your mood, and treat your body to a massage focussed on relieving your pressure points and stretching your body for optimum well-being and ease. Choose from one of three carefully designed treatments:

### RELAX YOUR MOOD.

A combined face and body massage to leave you perfectly relaxed.

### LIFT YOUR MOOD.

A combined back and foot massage to lift your mood and revive your body.

### BALANCE YOUR MOOD.

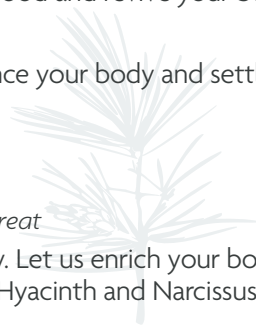
A combination of face and foot massage, to balance your body and settle your mood.

## The Garden Nectar

45 MINS

*Only available as part of the Botanical Meadow Retreat*

An indulgent treatment for the back of your body. Let us enrich your body in pure honey butter for a smooth, stretching massage. Indulge in the floral scents of Tuberose, Hyacinth and Narcissus.





# Yorkshire

SPA RETREAT

Visit

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